

Yoga As Play, Yoga As Practice

A weekend yoga retreat with Jacci



March 23-25, 2012

Sunrise Springs Resort Spa (Santa Fe, NM)

Investment in yourself: \$350

Join Jacci for a retreat weekend filled with fun, laughter and yoga. We'll add some spice to your yoga practice, look at the yamas and niyamas (the ethical precepts of yoga) and learn how to design a home practice. We will spice up our practice with humor, fun yoga postures and yoga games in addition to practicing pranayama (breath-work) and meditation. There will be plenty of time to reconnect with yourself, soak in the jacuzzi or sit in the sauna, eat delicious food together, take long walks, get a massage or just read a good book.

This rejuvenating weekend includes: 2-nights double occupancy housing, 4 yoga practices plus 3 philosophy/home practice sessions, 2 breakfasts, 2 lunches and 1 dinner, and use of the grounds/spa amenities all weekend.

Deposit due by February 10

We must have 8 people to run this retreat

www.yogawithjacci.com

505.603.0803

Yoga As Play, Yoga As Practice, A Weekend Yoga Retreat with Jacci Registration Form

(Please print)

Your name_____

Address_____

City/State/Zip_____

Phone_____ Cell Phone_____

Email_____

Cost: \$350 (Make checks payable to: Yoga with Jacci)

Enclosed:

_____ **\$175 Deposit by February 10**

_____ **\$350 Total Fee**

Credit Card Payment** (there is an additional \$10 service fee for cc use)

Name on the Card_____

Card Number_____

Security Code_____ Expiration Date_____

Signature_____

Mail registration and payment to:

Jacci Reynolds
32 Juego Road
Santa Fe, NM 87508

Program Times:

Friday 7-9pm
Saturday all day
Sunday 7am—3pm

Refund Policy: There is a \$50 non-refundable administrative fee. No refunds will given 30 days prior to the event.