

REGISTRATION

To register, please call for a registration form (505.603.0803) or go to www.yogawithjacci.com (retreats) to download a registration form.

Trip Price

\$1554 Double Occupancy

\$2020 Single Occupancy
(does not include airfare)

\$730 deposit

Remaining balance
due by July 14, 2012

For more information go to
www.yogawithjacci.com
or email
yogawithjacci@gmail.com



Tent Rocks

Yoga with Jacci
32 Juego Road
Santa Fe, NM 87508
505.603.0803
www.yogawithjacci.com

Join us October 20-27, 2012 in the Land of Enchantment

Yoga, Art & Hiking in the Land of Enchantment

October 20-27, 2012

Led by

Jacci Reynolds, MS, ERYT



Jemez Mountains, Santa Fe

Yoga in Santa Fe

The practice of Kripalu and Prana-kriya Yoga is about finding new ways of experiencing one's life fully on and off the mat and finding the wonder in every moment. Our yoga practice in Santa Fe will include "on the mat" time each day with Kripalu/Pranakriya meditation and breathwork class in the morning and yoga in the afternoon designed to stretch and energize our bodies. These classes will be accessible to everyone - novice or seasoned practitioner.



Much of our yoga practice will be "off the mat" as we dive into an exploration of the rich landscape that inspires artists world wide. Enjoy hiking Tent Rocks and Ojo Caliente, visiting natural mud baths and hot springs, viewing Georgia O'Keefe's art take a private tour of her home, as well as viewing the works of many other local artists. During our two



days in Taos, we'll visit a historic and still working Indian Pueblo, the Rio Grande Gorge and Millicent Rogers Museum. We'll enjoy

a rich assortment of New Mexican and Southwestern Cuisine.

The Trip...

Yoga: Daily morning meditation and pranayama and evening yoga classes appropriate for students of all levels of experience, led in the Kripalu/Pranakriya tradition.

Accommodations: Double or single occupancy rooms at the Inn on the Alameda (www.innonthealameda.com) all with private bath, in room coffee/tea, a block to the Santa Fe Plaza, private hot tubs. Double or single occupancy at the San Geronimo Lodge in Taos (www.sangeronimolodge.com).

Meals: Breakfast, lunch and dinner are provided except on day trips to Taos, Ojo Caliente and downtown Santa Fe (lunch is on your own). Alcohol is not included.

Transportation: Pick-up at the Albuquerque (ABQ) airport on arrival day Saturday, October 20, and drop-off at the Albuquerque airport on departure day Saturday, October 27. **October 20 pick up time 3pm.**

Note: you may also arrange transportation to Taos through private shuttle services. Car or van service to all excursions is provided.

Excursions:

Santa Fe

Georgia O'Keefe Museum
Saint Francis Cathedral
Loretto Chapel
Santa Fe Plaza
Canyon Road artists

Taos

Taos Indian Pueblo
Millicent Rogers Museum
Rio Grande Gorge
Downtown Taos

Tent Rocks

Hiking

Ojo Caliente

Hiking
Mud/Hot Springs
Sauna/Steam
Spa Treatments



Ojo Caliente Hot Springs

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